

ELDORADO VISTAS

Monthly Newsletter of the Eldorado Community Improvement Association

1 La Hacienda Loop, Santa Fe, New Mexico 87508 ▼ (505) 466-4248 ▼ www.eldoradocommunity.org

VOLUME XI, ISSUE 4

April 2009

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Fiesta Verde on May Day



*ECIA Board
Work Study
Meeting,
Community
Center, Mon.,
April 13, 7 pm*

ENERGY

THE EL DORADO COMMUNITY

School, ECIA, Vista Grande Library, and the Eldorado People's Cooperative are collaborating to sponsor our second annual Fiesta Verde on May 1. The theme this year is "What is My Role in a Sustainable Community?" The various topics will include Water, Food, Habitat, Rituals and Energy. The event will take place from 4:00 to 8:00 pm at El Dorado Community School.

▼ 4:00–6:00 pm: Students will be on hand at information booths to share what they've learned about sustainability from classroom projects and activities they've participated in. Various exhibitors/community members will be there as well, to help educate the public about sustainability and to provide hands-on fun activities for the kids.

▼ 5:30–7:30 pm: Organic food will be available for sale.

▼ 6:00 pm: Choral and various other presentations will begin on stage.

▼ 6:00–8:00 pm: The ECIA Conservation Committee is presenting an Alternative Energy Fair which will provide information on energy conservation, photo-voltaics, wind turbine systems and ECIA covenant requirements and tax incentives.

Come join us for this important and fun community event! And keep a look out for other environmental events sponsored by the Vista Grande Library during the month of April.

RITUALS

WATER

HABITAT

!FOOD!



*Share your
comments
with us!*

*For policy and
deadline, see
below*

Editorial Policy

Vistas invites opinions, ideas, stories, photos, and art from the community at large. Please include contact numbers for fact checking purposes. The newsletter will not publish unsigned letters or material deemed inflammatory. Material will be printed at the discretion of the editors. Letters over 150 words will be edited for fit. Community announcements are welcome; accompanying photos are welcome, too. **DEADLINE:** Newsletter deadline is the 3rd day of each month. Submissions can be dropped off or mailed to the ECIA office or emailed to ECIADebby@aol.com. Please include "Attn: *Vistas*" in your message.

Mission Statement

The mission of *Vistas*, the monthly newsletter of the ECIA, is to inform the Eldorado community about issues before the ECIA Board and the membership at large. By so doing, the publication seeks to foster increased neighborhood pride and community participation in the decision making process.

Watch Out for Our Kids!

I JUST WANTED YOU TO KNOW that I love to ride my bike. But I am scared to because of all the dangerous situations on the paved road near my house—which is of course Avenida Azul.

My sister and I got really scared when we were riding one day but we still want to ride. That's what we love the most about Eldorado.

I want to be safe when I am riding. But the cars go too fast and I end up too far on the edge of the road. Maybe if more people cared they would pay better attention when they are driving.

Thanks for listening.

—Claire Messina, age 10

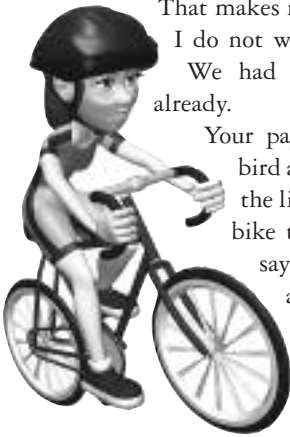
MY SISTER WROTE TO YOU. I want to say that it is the same for me. I thought I would be able to ride my bike in Eldorado. But my Mom says it's too dangerous.

That makes me sad. It's not fair. But I do not want to get hit by a car.

We had some very scary rides already.

Your paper is good. I like the bird articles. I like the stuff at the library but I can't ride my bike to the library. My mom says she wants us to be alive.

—Sarah Messina,
age 8



ERA

THE LAST THREE YEARS have seen a transition in the Eldorado Residents Association's efforts to build community spirit and involvement. With a full complement of board members, the ERA has staged candidate forums and town hall meetings for Action Against Crime, Postal Service improvements, electronic sign problem resolution, emergency preparedness, and traffic control improvements. We have helped organize new special interests groups, such as the Square Dance Club and the Dog Owners Club.

Unfortunately, for reasons of health, I must step down as president of the ERA after the April election, but I have every confidence that the new leadership will continue ERA's work. I hope to continue working with our emerging new leaders.

—Bruce Blossman



Trash Looks Trashy

TRASH IS THE LAST THING you want to see as you drive or walk through Eldorado. But there it is by the roads — every day. It seems that 98% of the trash could be picked up by the residents if we would walk the perimeter of our property at least once a week. If residents will regularly pick up the trash on their property lines then, voilà!—trash problem almost gone. And, if we have a neighbor who is physically unable to do this, then we could do it for them.

—Jeanne Morrison

EDITOR'S NOTE: See the announcement on p. 4 for Pick Up! Eldorado on April 18.

Buddies Needed

A SHORT WHILE BACK I wrote to *Vistas* describing my experience as a Buddy to a 7-year-old boy at the El Dorado School. I suggested there was a need for more such Buddies for other youngsters. I gave the name of the counselor at the school who could be contacted if someone was interested. I am surprised that no one has called.

A dentist friend of mine who treats male inmates at the prison tells me that 90% of the inmates he treats never had a positive male role model in their lives—no father, brothers, or close relatives. Pretty sad.

One hour a week is all it takes to start a young man on the proper road. Just that small effort can lead to better times for the child. All you retired men, please be interested. Call **Teresa Barickman** at the school at 467-4900. There are youngsters there who can use your companionship.

—Norman Airey

From the ECIA President's Desk

I HAVE RECEIVED MANY INQUIRIES about the proposed covenant change. Many residents have expressed concern that the amendment would take away their rights to due process if they wanted to appeal an alleged covenant violation. Let me state clearly: It would not. The process would still include the same steps involved in resolving any possible violation or dispute. The proposed change in the covenant *clarifies* the existing steps to be taken in resolving a covenant violation, but most important of all, it will allow the prevailing party to recover from the non-prevailing party the miscellaneous costs involved. In other words, if your Association (ECIA) has to go to arbitration over a covenant violation dispute, and ECIA wins, it can recover its costs. This means that money would not have to be paid out in legal fees and could be put to use in conventional improvements to our Community Center and facilities. Your ECIA Board is just trying to save you, the homeowners, from unnecessary costs in legal fees from a possible lengthy arbitration.

In an earlier article, I described how the covenants protect you, the homeowner, and the value of your property. Covenant violations have to be resolved so that your investment in your home and lifestyle can

be protected. Likewise, the different steps that a homeowner can take in resolving the violation—all the way to arbitration—must also be protected. The Board is trying to protect the Association's funds and is asking you to vote yes on the change because it would save your Association, the ECIA, money—which really was yours to start with.

To pass this proposed covenant amendment it will take a majority of the homeowners, so your Board is asking you to vote. Every vote is needed. Please review the Covenant Amendment below and vote. Ballots are being mailed with the Annual Report.

On another topic, after studying and listening to homeowners, the Board has passed a new policy prohibiting amplified music at the Community Center. This change does not affect ECIA-sponsored events, and non-amplified music, including live bands, will still be allowed at private parties, until 9 pm. This issue has been considered by the Board and its Committee for over six months, and many solutions and opinions were weighed before a decision was made. I am sure that everyone will agree that we want to be good neighbors to all and cherish our quieter lifestyle.

—Ed Benrock, ECIA President

Proposed Covenant Amendment

ARTICLE III, SECTIONS 2 & 3 Re-write of Sections 2(b), 2(c), and 3

- 2b. In the event any claims, disputes and other matters in question arising out of, or related to, this Restated Declaration cannot be resolved by direct discussions between the Association and a Lot Owner(s), they shall be settled and finally determined by arbitration conducted in Santa Fe County by an arbitrator selected by mutual agreement of the parties and in accordance with the New Mexico Uniform Arbitration Act, as then in effect. The award rendered by the arbitrator shall be final, and the judgment may be entered upon it in accordance with applicable law in any court having jurisdiction thereof.
- 2c. The foregoing arbitration provision does not apply to any action for injunctive relief by the Association to prevent or to remedy any breach of this Restated Declaration, in the event of an actual or potential threat to the health, safety and/or welfare of Association and/or its members and homeowners, which action may be immediately brought in any Court having proper jurisdiction and venue.

- 2d. Notwithstanding the foregoing, the parties to a dispute may voluntarily agree to mediate a dispute before initiating an arbitration or lawsuit, but such mediation shall not be required before doing so.

Section 3. Recovery of Costs and Fees. In the event that arbitration or judicial action is taken by the Board to enforce this Restated Declaration against a Lot Owner or other person(s) violating this Restated Declaration (including any legal action to compel arbitration), the prevailing party shall be entitled to recover from the non-prevailing party its reasonable attorneys' fees, any gross receipts tax thereon, and legal costs and expenses incurred in connection with therewith, including the fees of the arbitrator and those incurred in any collection action or on appeal (all as determined by the Court or by the arbitrator).

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Vista Grande Library
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Fire and Rescue
466-1204
County All Purpose
820-CNTY (2689)



4th of July Celebration

We're hoping residents will come out to participate in ECIA events on July 4. If you're going to be in town and would like to help out, we'd love to have you! Please contact Debby Padilla, 466-4248.



PHOTO BY JIM VAN EVERY

Dr. Phil Phraud returns to Eldorado on April 19. The upcoming Soiree will be rich in the sounds and energy of spring.

Covenant Change Meeting

The ECIA is holding an Open Forum for the Covenant Change on April 6, 7 pm, in the Railroad Building.

Easter Egg Hunt

Get out those Easter baskets for our Annual Easter Egg Hunt, April 11! Come rain, wind, sun, or snow, the Easter bunny will have the eggs out by 10 am, and if you are here, you can join in the fun. If you would like to contribute the necessary supplies, you are welcome to do so, or just come and enjoy. Call Debby, 466-4248, with any questions.

Pick Up! Eldorado

On April 18, the ECIA is celebrating Earth Day by asking residents to participate in the annual Eldorado Cleanup Day. We would like to see our residents join together and help pick up trash from along our roadways.

Residents can meet at the Clubhouse at 9 am to pick up bags, gloves and orange vests and then join others to help clean our roadways. If you don't want to meet at the Clubhouse but would still like to help, just let us know where you would like to pick up trash, and we will add your road of choice to our list of covered roads.

Staff will help by picking up the bags you leave along our main roads. Last year we gathered over 100 bags of trash. We hope to do even more this year. For information, call the ECIA office at 466-4248.

Home Security Presentation

Concerned about burglaries in Eldorado? Want to know who is visiting your property and when, using real-time notification (less than 60 seconds)? Eldorado homeowner Nick Frost is hosting a free presentation, "Who is at your house when you're not there," on Thursday, April 23 (6 pm, ECIA Railroad Building classroom) to share information on technologies he has developed to monitor his own house remotely. To sign up, email nsfrost@nickorama.com with your name, telephone number and email address, and how many people in your party will attend. Or call Nick at 505-995-4478 and leave a voicemail message with your name and phone number.

Neighborhood Watch Meeting

The next Neighborhood Watch meeting will be held Monday, May 11, at 7 pm in the Community Center Classroom. For more information about NW, please contact Marilyn



Walker at lightwalker2@comcast.net or Lyn deMartin at lyndemartin@hotmail.com. (Ed. Note: In the March issue of *Vistas*, we published an incorrect email address for Marilyn Walker. She can be emailed at the address noted above.)

Dr. Phil Phraud returns on April 19

Come see what new things Dr. Phraud's famous patient, Amanda Loving, discovers about her past life. The Soirees continue, this time with sounds and energy of spring. Soirees are two hours long, ending with refreshments. Performers have 10 to 15 minutes and share the proceeds (\$10 adults, \$5 teens, kids FREE). Performers will be Rima Miller (one of our favorite actresses), Lisa Carman (singer-songwriter), Lauren Wilson (lyricist), Ferdi Serim (jazz), and Puppet's Revenge (Scene 2 from our new play, "Lady Blue"). All ages welcome. Join us on April 19, 4-6:30 pm at the Railroad Bldg. Call 505-216-0882 to perform at future Soirees. www.PuppetsRevenge.com.

El Dorado School Community Garden

The new El Dorado School Community Garden is alive and kicking! We are partnering with the El Dorado Community School in their new outdoor learning program and will be planting this spring! Communal and personal plots are available. Garden membership per person: \$30.00; communal plot: \$20; individual plot (4 x 8' raised or sunken beds): \$30 for each plot. Everyone pays the garden membership plus their choice of either going into the communal plot or purchasing individual plots. If you would like to participate in creating a sustainable and productive garden cooperative, please join us at our next meeting. We meet on the 1st and 3rd Saturdays of each month at 10 am in the school library (April 4 and April 18 this month). For more information, please contact Marilynn Jacobs, mkjsantafe@comcast.net or 466-6707; or Eleni Cahn, elenicahn@msn.com, 466-1558.

The Eldorado Food Coop

This coop is exploring access to locally produced food (produce, dairy and meats), buying staples and other products from a cooperative warehouse. For more information, contact Carole Tashel at ctashel@cybermesa.com, 466-6153 or Fox Skylar 231-0892.



ASTRONOMY CORNER

APRIL 2009

LIGHTWEIGHT BLANKET

The gaseous envelope that surrounds a planet, satellite or star is called the atmosphere. The earth's atmosphere consists of several layers. The main constituent of the atmospheres of Venus and Mars is carbon dioxide; earth's atmosphere consists mainly of nitrogen (78%) and oxygen (21%).

—Juan Alvarez
jalva88610@aol.com

Nova's dust DNA embraces
night's shower of stars
with flight of wondrous awe.

—Bert Warren

The Eldorado Energy Coop

The Eldorado Energy Coop (EEC) is doing some wonderful work envisioning an energy-independent Eldorado and planning the first action steps. Come join us! For more information and meeting times and locations, please contact **Deborah Boldt**, 446-2295, or **Amy Bertelli**, 466-1624.

The Eldorado Spiritual Coop

Performing the 5 Tibetan Rites (optional), meditation, and open discussion. *Meeting Dates:* 1st and 3rd Thursdays. *Time:* 5:45–7:15 pm. *Place:* School Library. For more information, contact **Don McAvinchey**, 955-1847, donmcavinchey@comcast.net.

Sangre de Cristo Needlepointers

The Sangre de Cristo Needlepointers meet on the third Saturday of each month, 10 am–noon, at the Museum of International Folk Art, 706 Camino Lejo, Museum Hill. For more information, call Carol at 505-983-4842.

April Events

Left out? Help us compile a comprehensive events listing.

Email info@eldoradocommunity.org with your meeting/event information, or bring it to the ECIA office by the 8th of the month for publication in the following month's *Vistas*.

Please include "Attn: Vistas" and be sure to indicate:



1. **Type of Event**
2. **Location**
3. **Date & Time**
4. **A Resource Person** (one who can answer questions both about the event and the sponsoring organization) and his/her telephone number.

Photographs (digital or snapshots) are encouraged!

Note: All meetings are at the Community Center, unless otherwise noted.

LR=Living Room, F=Foyer, CFR=Conference Room, CR=Class Room, RR=Railroad, K=Kitchen

APRIL SPECIAL EVENTS

| | | | | |
|---------------------------|-----------------------|--------|----------|----|
| Easter Egg Hunt | Sat., April 11, 10 am | office | 466-4248 | CC |
| Earth Day/Eldorado Pickup | Sat., April 18, 9 am | office | 466-4248 | CC |

COMMITTEE MEETINGS

| | | | | |
|-------------------------|--------------------------|---------------|----------|-----|
| Road Committee | Mon., April 6, 6 pm | | | CFR |
| Facilities & Grounds | Tues., April 7, 4 pm | Fred Raznick | 466-2305 | CFR |
| Conservation Committee | Tues., April 7, 7-9 pm | John Parker | 466-7513 | LR |
| Finance Committee | Mon., April 6, 4 pm | Dan Drobnis | 466-4781 | CFR |
| Architectural Committee | Wed., April 8, 7-9 pm | Bill Schwent | 466-7708 | CFR |
| Board Work Study | Mon., April 13, 7-9 pm | ECIA | 466-4248 | CFR |
| ECIA Board | Thurs., April 16, 7-9 pm | ECIA | 466-4248 | CR |
| Information Committee | Tues., April 21, 7-9 pm | Frank Schober | 310-8593 | LR |
| Architectural Committee | Wed., April 22, 7-9 pm | Bill Schwent | 466-7708 | CFR |
| Stable Committee | Tues., April 28, 7-9 pm | Bonnie Mamp | 466-4271 | LR |

MONTHLY MEETINGS

| | | | | |
|---------------------|-------------------------------|----------------|----------|--------|
| Search & Rescue | Thurs., April 9, 6:30-9:30 pm | Dave Burdett | 466-9765 | CR |
| La Canada Wireless | Mon., April 13 & 27, 7-9 | lcwireless.org | Library | |
| Eld Dog Club | Tues., April 14, 7 pm | Freddi Hetler | 466-2005 | LR |
| Roadrunners RV Club | Tues., April 21, 6 pm | | | Fire |
| Library Book Group | 3rd Mon., 7-9 pm | Shelley Moore | 466-9636 | VGPL |
| Cub Scout Pack 414 | 4th Tues., 7-9 pm | John Kieling | 466-4232 | Sm Gym |
| MOMS Club | Mon., April 24, 3:30-5:30 | Mandie Rippey | 795-4086 | |
| Bird Walk | 1st Sat., 8:30 am | Ron Duffy | 466-6398 | |
| Conserv. Comm. Hike | 3rd Sat. of month | Eleanor Gossen | 466-1949 | |
| EACA Meeting | Last Thurs. of month | | 466-6245 | Fire |
| EAWS&SD* | Thurs, April 2 & 16, 7-9 pm | | 466-2411 | CR |

WEEKLY MEETINGS

| | | | | |
|-------------------------|---------------------------|---------------------|----------|---------|
| AA | Tues., 5:30-6:50 pm | | | CR |
| AA | Wed., 10:30-11:30 am | | | CFR |
| AA | Fri., 6-7 pm | | | CFR |
| AA | Sat., 10:45-11:45 am | | | CFR |
| AA | Sun., 5:15-6:15 pm | | | LR |
| Boy Scout Troop 414 | Wed., 7-9 pm | Ramon Quintana | 757-6424 | RR |
| Bridge | 1st & 3rd Mon, 1-4:30 pm | Kate Kaulbach | 466-1465 | LR |
| Bridge | 1st & 3rd Fri., 1-4:30 pm | | | LR |
| Bridge | 2nd & 4th Fri., 1-4:30 pm | Pat Lavengood | 466-9765 | LR |
| Bridge | Wed., 9-noon | Nancy Rost | 466-2832 | LR |
| Community Church | Sun., 9:30 & 11 am | David McPherson | 466-2495 | CC |
| Community Band | Thurs., 6:30-8:30 pm | Joel Hopko | 466-8412 | New gym |
| Fire & Rescue Training | Wed., 7-9 pm | Fire Station Office | 466-1204 | Station |
| Fire & Rescue Work Duty | Sat., Call for time | Fire Station Office | 466-1204 | Station |
| Senior Lunch** | M, W & F, 12-1 pm | Senior Center | 466-1039 | |
| Knitting Club | Tues., 10 am-noon | Joyce Hanmer | 466-3018 | LR |
| Figure Drawing | Mon., 12:30-2:30 pm | Sande Anderson | 466-4688 | RR |

*Eldorado Area Water and Sanitation District

**Reservations Required

VISIT OUR WEBSITE: www.eldoradocommunity.org

Using WiFi in Eldorado

A RECENT LETTER to *Vistas* prompted me to write about the security implications of WiFi (wireless networks) in the Eldorado community. Homeowners need to know about the potential vulnerabilities of WiFi and how to protect their own data and Internet connections. While wireless connections are easy and convenient to implement, they can broadcast personal information outside the home.

You may have noticed when driving through the community that you are able to pick up on numerous home WiFi installations if you have the proper equipment. Many of these connections are protected, but many are not. It is not good enough to simply obtain the equipment, such as a wireless router (e.g., Linksys, Netgear, 2Wire), plug it in and start using it. (Wireless routers typically are the small boxes with green lights on the front and "rabbit ear" antennas, which blink as you use the Internet.) Without appropriate security measures, which must be purposely implemented, network users face two major risks, often without their knowledge:

1. People outside of your home can access your Internet connection. When this happens, you, as the network owner, will see slower access times to the Internet the more your connection is compromised—slower downloads, videos, web-page loading, and so on.
2. Even worse, people outside your home can intercept your transactions, such as with your bank, and gain access to personal records and account numbers, all without your knowledge.

There are several steps you should perform to secure your WiFi network. If you absolutely know your way around network software, you can do this yourself. Otherwise, consult a professional before changing your network settings. Incorrectly setting your equipment can lock you out of your own network.

1. Set up an unbroadcast SSID. This prevents your network from showing up when others search for available networks. This does not keep someone from compromising your network if they know your SSID, but it is a first step, because it stops advertising to others that your network is there.
2. Set up network security such as WEP or WPA. You must do this in a very deliberate order or your own device will be locked out of your home network. First decide on an SSID, security scheme and password/token. Then set up each network device with these codes. Then set up your wireless router with the appropriate codes (always set up the router last; otherwise, you will lock out your wireless devices). This goes for laptops, smart cell phones, and other wireless equipment.

Still, even the most strict wireless security protocols can and have been broken. WiFi networks are inherently insecure, and although it's unlikely your neighbor has broken your security codes, the only way you can be 100% secure is to have a *wired* network, or to not use a network at all.

If you live in Eldorado and you purposely choose to use a network that is not your own, you should know that you are committing an illegal act and could be subject to prosecution. Many devices are set to automatically connect to open WiFi networks, so it is possible you can tie into an unsecure network without knowing. Check your device to ensure you are on your own network, not on someone else's.

That said, there are some public WiFi "hotspots" where you can legally use others' networks: Vista Grande Public Library, Eldorado Community Center, and the Agora's Las Chivas Coffee Shop, among others.

—David Goodrich

WEB WINNERS

Our redesigned website is getting major HITS. These pages were viewed the most in February, 2009:

| PAGE | # OF VIEWS |
|----------------------------------|------------|
| Classifieds | 1,746 |
| Events Calendar | 1,521 |
| Address Book | 1,198 |
| Committees & Other Organizations | 1061 |
| Homes for Lease | 512 |
| Homes for Sale | 430 |
| Reviews | 314 |
| P. Henline's Bird Articles | 235 |
| Garage Sale | 169 |

Note: It's easy for residents to add a garage sale or other listing. Click on *Request a Login*, or use your existing login. After logging in, go to the page where you want to add your listing and choose the link at the bottom that says "ADD..."

eldoradocommunity.org

Digital TV Delayed

THE CUT-OVER DATE for switching to digital TV has recently been extended to June 12. America is going through a nationwide conversion in its television signals, and everyone will be affected. If you want to be able to keep receiving a signal on your TV, here are your options:

1. Keep your analog TV but buy a DTV converter box. There may be government coupons to help pay for this. Check <http://www.dtv.gov> and click on Coupon Program. Or call 1-888-CALL-FCC (1-888-225-5322).

2. Install cable TV (such as Comcast), or satellite TV (such as DirecTV or Dish Network), either of which can be run on any television set, new or old.
3. Buy a new digital TV, such as a new flat-screen TV (but be sure it has an HD tuner). Flat-screen LCD TVs use three times less power, last three times longer, weigh less, don't hurt the environment, and have a sharper picture than your old big TV.

—David Goodrich

At the Crossroads

KEEP IN TOUCH

SINCE WE MADE IT EASIER for our residents to become involved in our road oversight activities, we have heard from over 100 of you regarding road problems and conditions in our community. This feedback has been very helpful because we have only a relatively small number of Road Committee members (seven at present) and over 80 miles of roads in Eldorado. Our committee membership is voluntary, and it is difficult for us to get out to inspect all the roads in our areas more than a couple of times each year. So, residents bringing road problems to our attention is vitally important and helps us to keep up with road conditions in Eldorado. If you're not already familiar with how you can join in this effort, please visit the ECIA website (www.eldoradocommunity.org), log

in, and click on "Resources" and "Forms and Applications" from the list on top of the screen, and then on "Road Problem Report." You can also send me an e-mail at pnzisman@aol.com. Either way, your report or inquiry will get to me and you will receive a response.

KUDOS

On a separate note, your Road Committee would like to acknowledge the long-standing dedicated work of Joan Mitchell, who was a member of the group for several years. Her contributions were innumerable, and she will be missed. Thanks, Joan, and best wishes for your future endeavors (like writing a book...).

—Nolan Zisman, Chair
ECIA Road Committee

Landscaping Increases Home Values

THE GALLUP ORGANIZATION has found that a "great" landscape can increase the value of your property by 15%. A Clemson University study found that homes with "excellent" landscaping result in a sale price 10% to 12% higher than equivalent homes with "average" landscaping. And *Money* magazine found that among home improvements, landscaping returns 100% to 200% of the investment, compared with kitchen remodeling (returning 75%–125%) and bathroom remodeling (returning 20%–120%).

There are many other reasons for creating a well-planned landscape. For example, strategically placed trees and shrubs can save you up to 25% on heating and cooling costs. Additionally, creating a

serene sanctuary provides intangible benefits. Nevertheless, the economy is the leading topic of the day, and an idea to add value to your home seems appropriate.

Watch for a how-to guide for planning and executing your own landscaping project.

—John Salvatierra,
Salvatierra Landscapes



PHOTO BY HOPE KIAH

"Once in Afghanistan" at VGPL

VISTA GRANDE PUBLIC LIBRARY will host the screening of "Once in Afghanistan," the story of young Peace Corps volunteers who traveled with the World Health Organization in 1969 and made the eradication of smallpox a priority. The documentary will be shown at 7 pm on Thursday, April 23, on the library's big screen, and will be served up with Afghan food and music.

The film explores the women's often humorous recollections of adjusting to life in Afghanistan and the profound impact being there has had on their lives. The young women trained to give vaccinations were responsible primarily for reaching the women

and girls, as Afghanistan's traditional Muslim culture discouraged contact between them and men outside the family. To do this, they traveled to remote areas and worked house by house. They also faced Afghan women's resistance to being vaccinated, as well as the harsh climate and terrain.

Filmmakers are **Jill Vickers**, a member of this Peace Corps group, and **Jody Bergedick**, of Middlebury Community Television, formerly of Children's Television Workshop and Broad Street Productions in New York. Camera and sound work is by **Katherine Wheatley** of Middlebury Video Production Services.

—Barbara Hagood



*Security 204-2945
Sheriff 428-3720
Crime Stoppers 955-5050*

Sit and Get Fit!



PHOTO BY HOPE KIAH

Chair Yoga is held twice per week at the Ken & Patty Adam Senior Center: Mondays at 10:30 am and Fridays at 1:30 pm. Each hour-long class consists of seated yoga poses which encourage flexibility, circulation and mobility to the major joints of the body. The classes are taught by **Barbara Borman** who has been teaching chair yoga to seniors for five years. She welcomes new students to the class anytime and will modify any yoga posture to accommodate the needs and comfort of her students. There is no charge for the class.