VOLUME XI, ISSUE 6

June 2009

VISTAS

Monthly Newsletter of the Eldorado Community Improvement Association

1 La Hacienda Loop, Santa Fe, New Mexico 87508 ▼ (505) 466-4248 ▼ www.eldoradocommunity.org

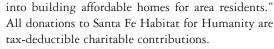
Habitat for Humanity Field Day

anta fe Habitat for Humanity is launching its Annual Family Field Day on Saturday, June 13, at the Eldorado Community Center and Athletic Fields. Santa Fe Habitat has created the event as a new, fun way to raise funds to help build affordable homes for area residents. People of all ages can compete for honors and prizes in a wide variety of individual and team competitions, from an egg toss and a 5K Run/Walk to a 1K kids' race, family softball and sand volleyball. The First Annual Family Field Day will start with the 5K race at 10 am; the 1K kids' race will follow immediately after that.

Spectators are invited to watch all the Family Field Day contests for free. Anyone can sign up for free to play the all-ages softball or any of four fun events: sack and relay races, and balloon and egg tosses. The other contests require a small entrance fee for competitors. Prizes will be awarded to winners, and all first-, second- and third-place winners will receive a special Family Fun Day certificate acknowledging their achievement. There will also be food and beverages available from vendors.

"Santa Fe Habitat for Humanity is very grateful to the Eldorado Community Improvement Association for the use of its Community Center and Athletic Fields for our Family Field Day," says Maggie Monroe-Cassel, Executive Director of the nonprofit organization. "We see our annual Family Field Day as another way to help build our community. It will bring area residents together in fun, friendly competition to boost community spirit.

And through sponsor fees, competitors' entrance fees and participant donations, we will raise more funds that will go directly



Since 1987, Santa Fe Habitat for Humanity has built 62 affordable homes for more than 150 Santa Fe low-income residents. This year, it aims to build six more homes.

Sponsors signed up for the Field Day fundraiser include:

- ▼ Gold Sponsors (\$1,000): Century Bank, Los Alamos National Bank, New Mexico Bank & Trust, and McDowell Construction Company
- ▼ Bronze Sponsors (\$500): Quiet Title Company, Wolf Corp., and Nancy and Jim Sido
- ▼ Red Ribbon Sponsors (\$100): Charter Bank, Edificios Builders, and Big Jo True Value Hardware

"We're hoping to get more sponsors, and we have a wide range of sponsor levels, from \$50 to \$1000," says Nancy Phillips, Santa Fe Habitat's Development Director. Any person or group who wants to sponsor this event, donate prizes for the competitions, or serve as a referee or coach should contact Nancy at 986-5880, ext. 14. "We also need monitors for the 5K race, and it would be great to have Eldorado residents guide the runners," adds Nancy.

Currently, planned events for the Family Field Day include: 5K Run/Walk, 1K Kids' Run, Sack Race, Relay Race, Balloon Relay Race, Egg Toss, Basketball Free Throw, Sand Volleyball, All Ages Softball, Tennis (Highest Serve Percent), Golf (Closest To Pin), and Horseshoes.

To register for the 5K Run/Walk, go to Habitat's website, www.sfhfh.org and click on the Family Field Day 2009 link in the lower left corner. Registration for the 5K event can also be made through www.active.com. Those applying for the 5K race by June 11 will receive a \$3 discount off the \$25 entrance fee, which includes a souvenir t-shirt for the participant. Those wishing to register a team to compete in sand volleyball or relay races should contact Nancy Phillips at 986-5880.

-Nancy Phillips

ECIA Board Work Study Meeting, Community Center, Mon., June 18, 7 pm



GOT PHOTOS?

Would you like your photo in the 2010 Eldorado calendar*? Got to eldoradocommunity.org and click on Request a Login, or log in using your existing login. Then click on the picture of the calendar in the right column. Click EDIT ALBUM and hit the CHOOSE FILE button to upload your picture. **Please** upload a small version, like one that you would send as an email. (If we choose your shot, we'll contact you for a high-resolution version, which needs to be at least 11.5" wide and 9" high at a resolution of 300 px.) Please include the name of your photo in the CAPTION field.

* Every year ECIA produces a four-color calendar, if the budget permits. The final decision to go ahead with the 2010 calendar will be made in the fall.

eldoradocommunity.org

LETTERS

Share your comments with us!

For policy and deadline, see below

Editorial **Policy**

Vistas invites opinions, ideas, stories, photos, and art from the community at large. Please include checking purposes. The newsletter will not inflammatory. Material will be printed at the discretion of the words will be edited for fit. Community announcements are welcome; accompanying photos are welcome, too. **DEADLINE:** Newsletter deadline is the 3rd day of each month. Submissions can be dropped off or mailed to the ECIA office or ECIADebby@aol.com

Vistas" in your message. Mission Statement

Please include "Attn:

The mission of Vistas, the monthly newsletter of the ECIA, is to inform the ECIA Board and the membership at large. By so doing, the publication seeks to foster increased neighborhood pride and community participation in the decision making

eldoradocommunity.org: Your Website

LDORADO'S WEBSITE has a new look and a new "back-end" with features designed specifically for homeowner associations. Some of these features are already quite popular. In April, the Classifieds on our site were viewed 2,774 times. The Events Calendar, found under NEWS, was viewed 2,683 times.

While many of the features are accessible without logging in, to take advantage of all the features, you do need to log in. Click on LOGIN > Request Login and fill out the form. Our trusty web volunteer will get a login email to you usually within a day. After logging in, you will be able to:

SUBMIT A PHOTO FOR THE 2010 CALENDAR.

Go to the site and click on the calendar picture in the right-hand column. Choose EDIT ALBUM and add your picture. High-resolution photos are needed for the calendar, but don't upload a huge file. Upload a version that is appropriate for emails. We'll contact you if we want a high-resolution version for the

Eldorado Community Improvement Association nime way makes, alone path in 12000 at 1912 2001 main. Own you be, in, one out past to make measure in the



what Whipedia sum about Eldorado!

calendar. Please put the name of the photo in the caption field.

START OR FIND A KID'S PLAY GROUP. Go to RESOURCES > Kid's Play Groups.

FIND A CLASS OR SPECIAL EVENT. Go to NEWS > Events Calendar. Click on the event that interests you. See the message: Click Here to add this event to your personal calendar. This works great with Outlook and iCal. Try it on your system. POST A MESSAGE OR QUESTION. Here's a note posted this spring on the Message Board function found under Resources:

"I was blown away by the helpful replies I got on my last posting, so here I am again asking for a recommendation on a reputable roofing company. We've just found out that our roof is on its last legs and need to get some quotes. There are a zillion roofers in the yellow pages, so any suggestions are very welcome!

Best regards, Robin Pepin"

One useful feature of the new site is eMail Bulletins, found under NEWS. If you log in, you will see that there is an eMail Bulletin for the Water District. You can sign up to receive EAWSD bulletins on a regular basis. We would love to have eMail Bulletins for the Fire Station, the Senior Center, the Sheriff, the Library, the School, and/or any other Eldorado Community-minded group. This feature is available to Committee Chairs and other members of ECIA who have an ongoing endeavor of interest to Eldorado members. If you would like to start an eMail Bulletin, please contact me at hope@santafe-webdesign.com, or attend a meeting of the Information Committee (see the schedule on the Events Calendar online). Happy surfing!

-Hope Kiah

On the Road Again

Y NEIGHBORS AND I have been talking about recent Vistas articles on pedestrian safety in Eldorado. We are pedestrians on Avenida Azul daily. We walk, run, ride our bikes, push our strollers, walk our dogs. One of us even rides in his wheelchair along Avenida Azul to get some fresh air.

We have experienced cars zooming around those blind curves at 40-60 miles per hour. A few days ago, at dusk, I was almost hit by a car coming through the "dip." The car swerved to move away from me and nearly hit another car coming through the Avenida Azul dip from the opposite direction!

It's hard to step off to the side of the road because the sides are so steep. Yes, it's true, we all need to be careful—drivers and pedestrians alike. And, we would really appreciate some clear help from local and state police in terms of stopping and apprehending dangerous drivers.

Traffic accidents are irreversible and create lifelong traumatic memories in our minds and bodies. Let's prevent auto/pedestrian accidents in Eldorado.

-Joaquin J Rogers

From the ECIA President's Desk

ROM TIME TO TIME I AM ASKED: What is the Eldorado Community Improvement Association (ECIA), and how does it function as a homeowners' association?

The answer is, if you are an Eldorado home-owner, you belong to the Association and you do have a say in its running, through the Directors you elect. The Directors are governed by the by-laws and Covenants and Building Guidelines of the Association. The Board cannot run the everyday business of the Association so it hires a General Manager to implement its policies, duties and responsibilities. The General Manager is assisted by an Office Manager, a Staff Assistant, a Covenant Compliance Representative, and maintenance staff to carry out the Board's policies and to

maintain our amenities. The Board also relies on the input and suggestions of our Association's nine volunteer committees. Find out more about them on our website, eldoradocommunity.org

Your ECIA Board welcomes your input on any community issue. I invite you to attend not only the Board's monthly meetings, held on the third Thursday of every month at the Community Center, but also those of our volunteer committees. Their meeting times and locations may be found in Vistas.

If you have a question about the ECIA, stop by the Community Center and speak with any of the Association's staff. They will be happy to hear from you-after all, it is your Association.

-Ed Benrock, President

Developing Observation Skills

LMOST EVERYONE has passed the Eldorado Security vehicle on our streets. I recently caught up with one of the officers to ask how Neighborhood Watch members can best use their eyes and memory to report suspicious behavior. He offered a crash course in observation skills:

When you notice something or someone that "just doesn't seem right," pay extra attention. Notice and remember where you were, when the situation happened, what the situation was, and why the person might be doing what they were doing.

When observing suspicious vehicles, take note of the make, model, year, color and type of vehicle (pick-up, SUV, 2- or 4-door sedan, convertible). Look for decals or bumper stickers, vehicle damage, tinted windows, luggage, bike or other attachments, or custom wheels-and don't forget to get the license plate number, if possible.

If you see a suspicious person or persons, notice their gender, age, clothing (including hat), hair length and color. Is the person limping? Wearing jewelry? Have tattoos? Facial hair? Glasses? Scars? Notice what they are carrying—for example, a backpack.

Test yourself. Look around when you are in a store or parking lot. What do you notice? What can you remember?

Report your observations of suspicious activities, persons and/or vehicles to Eldorado Security at 204-2945 and Sheriff dispatch at 438-3720.

If you have questions about Eldorado Security, call them (204-2945) or Bill Donahue, ECIA General Manager (466-4248). For more information about Neighborhood Watch, contact Lyn deMartin at lyndemartin@hotmail.com or Marilyn Walker at lightwalker2@comcast.net.

TIP OF THE MONTH: Use a quality, heavy-duty deadbolt with a 1-inch throw bolt in your doors. **NEXT MEETING:** August 3, 7 pm, CC Classroom.

-Lyn deMartin

Dog Days of Summer

S ELDORADO RESIDENTS spend more time outdoors with their dogs this summer, it is important to heed Santa Fe County's animal control ordinance requiring owners to control their dogs at all times. Eldorado's covenants repeat those requirements: "It is forbidden to permit dogs to run at large in Eldorado. At all times dogs must be kept restrained and controlled by their owners in the manner described in the Santa Fe County animal control ordinance."

The ECIA has specific requirements for the Wilderness Preserve and greenbelts, including keeping dogs restrained on a leash or by other physical means when around other people; carrying one leash per dog; yielding to bicyclists, equestrians, walkers and joggers by standing aside and holding dogs under control; keeping off-leash dogs within sight at all times and close enough to be immediately recalled when approaching other people and wildlife.

For more information on the Eldorado Dog Ownership Policy, check our website under Governing Documents, or pick up our Responsible Dog Ownership brochure at the ECIA Office.

To report a dog violation, contact me at ECIA at 466-4248 and call Santa Fe Animal Control Division at 992-1621.

> -Mark Young ECIA Covenant Compliance Representative

ECIA OFFICE #1 La Hacienda Loop Santa Fe, NM 87508 466-4248, 466-4249 info@eldoradocommunity.org www.eldoradocommunity.org

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COMMITTEE CHAIRPERSONS

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Finance: Dan Drobnis Architecture: Bill Schwent Conservation: John Parker and E.J. Evangelos Stable: Bonita Mamp **Election: Ken Robinson** Roads: Nolan Zisman Information: Frank Schober Neighborhood Watch: Larry Eccard & Marilyn Walker Facilities & Grounds:

VISTAS NEWSLETTER

Fred Raznick

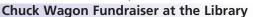
Editor: Carol Leyba 466-1158 cbsleyba@comcast.net Hope Kiah hope@santafe-webdesign.com Editorial Assistant: Debby Padilla 466-4248

COMMUNITY RESOURCES Vista Grande Library 466-READ Security 204-2945 Fire and Rescue 466-1204 County All Purpose 820-CNTY (2689)

IN THE COMMUNITY

Uprooting Our Anger Problem

Anger is a painful state of mind that destroys our peace and happiness. Buddha teaches us how to stop our anger as soon as it arises. Classes are 7:00–8:30 pm on Mondays (June 1, 8, 15, 22) in the Railroad Building. \$10/class. Everyone is welcome at any class. For more information: Tushita Buddhist Center, 505-820-2226.



June 13 (Saturday), 5-8 pm, VGPL is hosting a rousing family event in the Library parking lot, filled with barbeque catered by Lamy Station Café, cowboy poets, and Western Swing dancing. Tickets must be purchased in advance: \$15 for adults, \$10 for kids 12 and younger. Contact the Library at president@vglibrary.org or call 466-READ.

Summer Reading Program at VGPL

The Library's Summer Reading Program begins Thursday, June 15, and runs from 1 to 3 pm each Thursday for eight weeks. The theme-"Be Creative at Your Library"- promises new stories, activities, and adventures for kids in grades K-6. Pre-registration is required, due to limited physical space. Talk with Children's Librarian Pam Geernaert for details.

The Final Frontier

Vista Grande Public Library is again holding its summertime Night Sky Program. This year, presentations and star-gazing are scheduled for three Wednesdays in June and July. Presentations begin at 8:30 pm and conclude with telescopes and lawn chairs in the parking lot to enjoy our acclaimed night skies. June 10: "Space Time" with Dr. Daniel Holz explores the mysteries of deep space and the relativity of time. June 17: "Space Travel" looks at the history of manned space flight as we celebrate the 40th anniversary of the first moon landing. July 8: "Space Atlas" with Peter Lipscomb of the New Mexico Heritage Preservation Alliance, Night Sky Program, shows us how to identify and map our favorite stars and constellations.

El Dorado School Community Garden

The new El Dorado School Community Garden began planting in May! Communal plot and sunken beds are still available, and raised beds are iffy (call to see if still available). Membership is \$30 per person and \$30 per plot. Children under 18 are free. A labyrinth, greenhouse, pumpkin patch, and benches are in the works to create a lovely garden sanctuary. If you would like to participate, please join us! Contact Marilynn Jacobs, eldogarden@comcast.net, 466-6707, or Eleni Cahn, elenicahn@msn.com, 466-1558.



New Eldorado Food Cooperative

This coop explores access to locally produced food (produce, dairy and meats), buying staples and other products from a cooperative warehouse, and how to preserve and prepare foods. Stay tuned for interesting field trips in the future. We usually meet the second Sunday of each month. Contact Fox Skylar, 231-0892, or Carole Tashel at ctashel@cybermesa.com, 466-6153.

The Eldorado Energy Coop (EEC)

The Energy Coop is doing some wonderful work envisioning an energy-independent and sustainable Eldorado and getting into action to accomplish these goals. For meeting times and locations, contact Deborah Boldt, 446-2295 or Amy Bertelli, 466-1624. The EEC is also looking for people interested in participating in a free 10-week climate class being offered by the NM Department of the Environment. They are holding these classes at SF Community College this summer, but if we have enough interest in Eldorado, we can hold a class here! Topics include climate change, home energy, transportation, green building, renewable energy, consumption and food, and outreach and education. You will learn how to reduce your carbon footprint and volunteer to train others to do the same. If interested, contact Marilynn Jacobs, mkjsantafe@comcast.net, 466-6707, or Amy Bertelli, Amysue@cybermesa.com, 466-1624.

The Eldorado Spiritual Coop

Eldorado Spiritual Cooperative is a non-hierarchical, meditative sharing that helps fuel the rest of the coops. Come join us on the 1st and 3rd Thursdays, 5:45-7:15 pm, in the School Library. Be part of the wave of change here in Eldorado in a spirit-filled way! Call Don McAvinchey @ 955-1847 to RSVP.

Get Your Free Mulch!

SF County Waste Management Division is asking residents to take FREE mulch from the twostory-high pile at the Hwy 285 transfer station. If operators are available, they will load your truck or trailer (check with Andrew at the gate: 466-1266). Self loading is always an option during their business hours Tues.-Sat.





Pronghorn antelope spotted by **Christine Cassidy on Domingo** Court in late April.



The pool has opened early this year, Memorial Day weekend, May 23.



ASTRONOMY HAIKU

Lit with calmness Stars touch us With their Divineness -Marga Matakovich, Ph.D., Rev.

Basketball

Lace 'em up, players, and c'mon out on to the Community Center state-ofthe-art court for fun and friendly pick-up hoops Thursday evenings 7 pm – dusk.

Summer Children's Theatre & Teen Players

Eldorado Children's Theatre and Teen Players are offering six summer workshops for ages 4–18, including classes in Beginning Broadway, Playwriting, Music Theater and Performance, Acting, and Advanced Musical Theater. For details, check out www.eldoradochildrenstheatre.org and click on the button for summer programs. Or call 466-4656 for further information.

New Local Eatery

The Real Food Nation, a new family and commuter-friendly restaurant, has opened at the intersection of Old Las Vegas Highway and Hwy 285. Open Monday-Friday, 6:30 am-6:30 pm, they are both an "eat-in" and a "drive through" establishment and feature locally produced organic food and a play area for youngsters. Their motto: "Slow food fast." 505-466-2440, www.realfoodnation.biz.

THE POOL: Through Labor Day

Lap Swim: 8-10 am daily, and Monday, Wednesday, & Friday 6-8 pm.

General Swim: 10 am-8 pm Tuesday, Thursday, Saturday, & Sunday; and 10 am-6 pm Monday, Wednesday & Friday. FOOD AND BEVERAGES IN SNACK AREA OR PATIO AREA ONLY!

June Events

Left out? Help us compile a comprehensive events listing.

Email info@eldoradocommunity.org with your meeting/event information, or bring it to the ECIA office by the 8th of the month for publication in the following month's Vistas. Please include "Attn: Vistas" and be sure to indicate:

> 1. Type of Event 2. Location 3. Date & Time

4. A Resource Person (one who can answer questions both about the event and the sponsoring organization) and his/her telephone number.

Photographs (digital or snapshots) are encouraged!

Note: All meetings are at the Community Center, unless otherwise noted. LR=Living Room, F=Foyer, CFR=Conference Room, CR=Class Room, RR=Railroad, K=Kitchen

JUNE SPECIAL EVENTS				
EACA	Wed., June 17, 10-12	Molly Hyde	466-2147	CR
COMMITTEE MEETINGS				
Finance Committee	Mon., June 4, 4-6 pm	Dan Drobnis	466-4781	CFR
Facilities & Grounds	Tues., June 5, 4 pm	Fred Raznick	466-2305	CFR
Conservation Committee	Tues., June 5, 7-9 pm	John Parker	466-7513	LR
Architectural Committee	Wed., June 13, 7-9 pm	Bill Schwent	466-7708	CFR
Board Work Study	Mon., June 18, 7-9 pm	ECIA	466-4248	CFR
ECIA Board	Thurs., June 21, 7-9 pm	ECIA	466-4248	CR
Information Committee	Tues., June 26, 7-9 pm	Frank Schober	310-8593	LR
Architectural Committee	Wed., June 27, 7-9 pm	Bill Schwent	466-7708	CFR
Stable Committee	Tues., June 26, 7-9 pm	Bonnie Mamp	466-4271	LR
MONTHLY MEETING		Bonnie Wamp	400-4271	LIX
Search & Rescue	Thurs., June 14, 6:30-9:30 pm	Dave Burdett	466-9765	CR
La Canada Wireless	Mon., June 4 & 18, 7-9	lcwireless.org	Library	Cit
Eld Dog Club	Tues., June 12, 7 pm	Freddi Hetler	466-2005	LR
Library Book Group	· · · · · · · · · · · · · · · · · · ·	Shelley Moore	466-9636	VGPL
Cub Scout Pack 414	3rd Mon., 7-9 pm	John Kieling	466-4232	
	4th Tues., 7-9 pm			Sm Gym
Bird Walk	1st Sat., 8:30 am	Ron Duffy	466-6398	
Conserv. Comm. Hike	3rd Sat. of month	Eleanor Gossen	466-1949	
EACA Meeting	Last Thurs. of month		466-6245	Fire
EAW&SD*	Thurs, June 7 & 21, 7-9 pm	466-2411	CR	
WEEKLY MEETINGS				
AA	Tues., 5:30-6:50 pm			LR CED/DD
AA	Wed., 10:30-11:30 am			CFR/RR
AA	Fri., 6-7 pm			CFR LR
AA	Sat., 10:45-11:45 am Sun., 5:15-6:15 pm			CFR
Boy Scout Troop 414	Wed., 7-9 pm	Ramon Quintana	757-6424	RR
Bridge	1st & 3rd Mon, 1-4:30 pm	Kate Kaulbach	466-1465	LR
Bridge	1st & 3rd Fri., 1-4:30 pm	Rate Radibacii	400-1403	CR, LR
Bridge	2nd & 4th Fri., 1-4:30 pm	Pat Lavengood	466-9765	CR, LR
Bridge	Wed., 9-noon	Nancy Rost	466-2832	LR
Community Church	Sun., 9:30 & 11 am	David McPherson	466-2495	CC
Community Band	Thurs., 6:30-8:30 pm	Joel Hopko	466-8412	New gym
Fire & Rescue Training	Wed., 7-9 pm	Fire Station Office	466-1204	Station
Fire & Rescue Work Duty	Sat., Call for time	Fire Station Office	466-1204	Station
Senior Lunch**	M, W & F, 12-1 pm	Senior Center	466-1039	
Knitting Club	Tues., 10 am-noon	Joyce Hanmer	466-3018	LR
Figure Drawing	Mon., 12:30-2:30 pm	Sande Anderson	466-4688	RR
Softball Practice	Sundays 10 am	Tom Miller	553-5888	CC
Adult Basketball	Thursdays, 7-dusk			CC court
*Eldorado Area Water and	d Sanitation District	**Reservation	ns Required	

VISIT OUR WEBSITE: www.eldoradocommunity.org

Black-Chinned Sparrow

HE BLACK-CHINNED SPARROW (BcS) is a nondescript little brown bird with a 5.75-inch length and wingspan of 7.75 inches. Its slender body is uniformly gray; it has brown wings, a dark eye and a small pink bill.

Males and females are similar except that the breeding male has a small amount of black under its bill. They are found in limited areas in California, Arizona, Nevada and New Mexico during the summer breeding season. They migrate to central and southern Mexico for the winter. The BcS prefers dry, brushy chaparral in rocky areas. The birds are shy and stay close to the ground in brush. The BcS is one of the least understood bird species of the American Southwest.

Their feeding habits are poorly documented, but their diet consists of insects in summer and grass seed in winter, all found while foraging low to the

ground. The male sings from low perches and chases off rivals during breeding season. It is thought that pairs are monogamous during a single season. A grassy cup nest is built in low vegetation. Three to four eggs are incubated probably by just the female and hatch in 12 to 13 days. The young are helpless and are fed by both male and female. Development of the young is not documented, but fledging probably occurs in the 7- to 12-day range (similar to other sparrows).

I was lucky to see this secretive sparrow at the end of March under some leafless bushes. My bird lists indicate that the BcS is abundant and breeding during spring, summer and fall at Chaco National Park and Aztec Ruins National Monument. If you are interested in birds while you travel, remember to ask at national parks for the local bird list. Most facilities have a printed list, but it is not usually on display.

-Pam Henline

America; The Descriptions of Species Based Chiefly on the Collections in the Museum of the Smithsonian Institution. by Spencer Fullerton Baird, 1860.

From The Birds of North

Fly Predators

THE POET OGDEN NASH once said, "God made the fly and forgot to tell us why." Like it or not, fly season is upon us, requiring community-wide diligence to keep dogruns clean, garbage under wraps, and standing water drained. The Stable Committee would like to

horse amenity have been going above and beyond to do our part to keep fly populations well in check.

We have a lot of horses at Eldorado Stables. That means a lot of manure, which brings flies. Eldorado Stables is actively waging war against these pests by incorporating a biological insect management program with fly predators.

For the past five years, horse owners have shouldered the cost of a fly predator program. We purchase these predators from The Source Bio-LOGICAL Fly Control. These fly predators eat the developing fly larvae in our manure piles, essentially killing off the fly population before it even hatches. In addition, Stable volunteers go from barn to barn and rake the predators into each corral's wet spots. The fly predator program is safe, eco-friendly and effective.

Our fly population has decreased each year. This is very evident when visiting other stables, where there is a noticeable abundance of flies. Our fly parasite program works. Trainers from high-end facilities in town who happen to visit our stable never fail to comment on Eldorado's sparse fly population.

> The fact is that horse owners at Eldorado are setting new standards for fly control in Santa Fe County. We are proud

that we have come up with a green and earthresponsible solution by letting nature do what it does best, instead of relying on chemicals.

If you take advantage of the Stables' free manure give-away, not only do you get great mulch for your garden, you get a bonus. You get some fly predators with the manure.

That's why manure from Eldorado Stables is the best in the county.

For more information about fly predators, visit The Source BioLOGICAL Fly Control website at www.sourcebiofly.com.

-Bonnie Mamp and Lisa Bessone, Stable Committee

At the Crossroads

HE 2009 LEGISLATIVE SESSION is over and, as expected, the coffers were rather empty this year. For the most part, "nobody got nothin'." In the past few months some of our readers have expressed the view that their roads were made worse by the use of the grader and that it might be better to see the grader less often. If you have an opinion on this or related matters, or other Eldorado issues, one way or the other, I encourage you to attend one of County Commissioner Liz Stefanics' scheduled town-hall meetings. The Eldorado Senior Center hosted a town-hall on May 27, and another will be held in the County Commission Chambers on June 1. Representatives from the Public Works Department as well as other county staff will be in attendance to get feedback from county residents.

Spring in Your Step

HE WEATHER HAS TURNED warm again, and it is time to get moving outdoors. For those of us who exercise regularly, this may mean spending less time in the gym and more time in the fresh air, walking, hiking, biking, etc. For those of us who do not exercise regularly, it is a good time to think about how we can incorporate exercise into our daily lives.

—Nolan Zisman, Chair, ECIA Road Committee

A great way to start moving after a long time of being sedentary is by starting a walking program. Walking has many benefits for the body. For starters, it is a weight-bearing activity, so it promotes bone growth and helps prevent osteoporosis. Second, it is aerobic and thus benefits the cardio-vascular system as well. This means it is hearthealthy and can help ward off a heart attack or a stroke. Third, research shows that exercise can help alleviate symptoms of depression. Of course, exercising burns calories and helps with weight loss.

The best way to start any exercise program is to begin slowly. Begin with a 10-minute walk at a brisk pace. Slowly add time to your walk until you are up to a 30-minute walking program several days a week. Wear good walking shoes and always check with your physician before beginning any new exercise routine. If pain or balance problems limit your ability to begin exercising independent-

ly, your physical therapist may be able to help establish a therapeutic exercise program.

–The Staff at Eldorado Physical Therapy

Summer Project Tips

FROM THE COVENANTS COMPLIANCE REPRESENTATIVE

s THE DAYS GROW LONGER and we find ourselves spending more time outdoors, many Eldorado homeowners are likely to be planning a project or two around the house. These might include such things as a new tool shed, a new or enlarged dog fence, a new portal or ramada, or maybe even a new addition to the house.

Before you get started, we want to remind you that under Eldorado's covenants and building guidelines, all home improvement projects that can be considered permanent structures (including fences, walls, and all structures above the natural grade) must be submitted to the ECIA for review by the Architectural Committee.

The purpose of this review process is to ensure that such projects comply with Eldorado's covenants and that, when completed, they will fit into the unique natural character of Eldorado and further protect and enhance Eldorado's property values.

To submit a plan for architectural approval, homeowners can either download the Architectural Plan submission form from the Eldorado website (www.eldoradocommunity.org) or stop in at the ECIA office to pick one up. Your completed form should be returned to the ECIA at least two days before the next Architectural Committee meeting (held on the 2nd and 4th Wednesdays of each month at 7 pm at the Community Center). Your submission should include complete

and documents.

If you have any questions about which projects need architectural approval, or if you have specific questions about the building guidelines, please feel free to review the Building Guidelines on the Eldorado website, www.eldoradocommunity.org, or call or email me at the ECIA office. I will be glad to assist you.

plans and all the required details

— Mark Young Covenant Compliance Representative eciaccr@aol.com 466-4248



Eldorado Community Improvement Association #1 La Hacienda Loop Santa Fe, New Mexico 87508

www.eldoradocommunity.org

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Saturday Soccer at the ECIA recreation center fields fascinates kids, coaches, officials, and families—and yes, that includes moms. Soccer resumes in the fall. For further

information, contact Kathy Ritschel, 466-1847.