

Vistas



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Monthly Newsletter of the Eldorado Community Improvement Association

ECIA, 1 La Hacienda Loop, Santa Fe, New Mexico 87508 ▼ (505) 466-4248 ▼ www.eldoradosf.org

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VOLUNTEER FAIR

1 - 6 pm WED NOV 7TH
@ ECIA COMMUNITY CENTER
1 HACIENDA LOOP,
87508

Come discover how you can get involved with your local community. The Greater Eldorado Volunteer Fair features Eldorado based groups as well as Santa Fe non-profit organizations. The best communities are dependent upon neighbors joining neighbors in creating sustainability. By giving back, you not only make new friends, but help improve the place we all call home. Join us to discover more about area organizations that depend upon your involvement.

WWW.ELDORADOCANDL.COM



Save an Endangered Plant?

What can one person do to save an endangered species? Maybe not much but what can 2 people do? Fifteen years ago, two Eldorado residents decided to save an endangered local cactus called the Santa Fe Cholla (*Cylindropuntia viridiflora*). To that end, they formed a grassroots organization called the Cactus Rescue Project (CRP).

Most residents have now heard of them as they have put in cactus gardens at the ECIA community center, La Tienda, adopted our Vista Grande median and hosted many cactus classes and events promoting the use of all cactus in our xeric landscape. But their efforts to save the Santa Fe Cholla go beyond planting them in a few gardens and promoting their use in private gardens. To truly save the cactus, they needed to re-establish them in nature.

A few years ago, they met the state botanist, **Daniela Roth**, who is responsible for endangered plants in the state of NM. They all decided to work together to save the plant. About 4 years ago, with backing from the Eldorado Conservation Committee, a colony of 400 plants was planted in the Eldorado preserve. These were GPS marked and documented so that the State could monitor them annually to check on their survival. The project drew community volunteers that helped with the planting. Another 2 colonies were planted at sites around Santa Fe as well.

The Eldorado site has done so well that another colony of 200 plants was started this past summer, again with the support of the Eldorado Conservation Committee, under the guidance of the

state Botanist and CRP, and again with the help of numerous local volunteers. The work that went into this new colony included growing the 200 plants, making cage components and then re-assembling them at the site, planting, mounding, tagging and recording them. Between CRP's time and volunteer time we estimated that the project took about 100 man-hours, all of it volunteered time and effort. The state botanist was quoted saying, "Well, this is rapidly becoming the most ambitious conservation project in the state of New Mexico! Better yet, it's all based on volunteer effort! Congratulations! If all endangered plant projects received such enthusiastic input from the community, we would not have any endangered plants, and I could focus on research."

Through the efforts of CRP and all the community volunteers, this cactus has a chance to make it off the NM endangered species list! This project has become a community effort, and Eldorado residents should be proud of their participation in this great cause.

~Obie, Cactus Rescue Project

Open Discussion Group: talk informally with board members on the **2nd Thursday** of each month at **6 pm** in the ECIA Classroom.

ECIA Board Meeting, Community Center Railroad Room, Wednesday, October 24, 7 PM

Share your
comments
with us!

For policy and
deadline, see
below

Editorial Policy

The Vistas newsletter will not publish material deemed inflammatory, opinionated, biased, or inappropriate. Factual and objective submissions will be selected and edited at the discretion of the editor. Community announcements are welcome as well, along with accompanying photos.

DEADLINE: Newsletter deadline is the **3rd Tuesday** of each month. Submissions can be dropped off or mailed to the editor, Courtney Handy at her office at ECIA or emailed to chandy@hoamco.com. Please include "Attn: Vistas" in your message. Publication dates and times may change depending on the ECIA Board meeting times.

Mission Statement

The mission of *Vistas*, the monthly newsletter of the ECIA, is to inform the Eldorado community about issues before the ECIA Board and the membership at large. By so doing, the publication seeks to foster increased neighborhood pride and community participation in the decision making process.



ECIA: OUR HOMEOWNERS ASSOCIATION

Protect Your Valuables

Neighbors, The following is provided as a community service of the Eldorado Neighborhood Watch Program:

Q:What happens if you lose valuables due to theft, fire, flood, etc.? Insurance companies require very specific information to prove a loss.

Taking photos or videos of your valuables will certainly help when it comes to the insurance process. Write a description on the back of the picture, or if using video, narrate as you go along. Record such things as brand/model, condition, purchase price, replacement cost, current value, and the date and location where you purchased the item and record any serial numbers.

For the higher-end items, you will want to insure that these items are adequately covered under your homeowner's policy. You may need to insure these separately.

Keep your inventory list in at least two places outside of your home, such as in a safe deposit box, at work, at a friend's or family member's home, or in your email. Also hold on to your receipts, especially for big ticket items. Keep the original or a copy in a place outside your home with your home inventory.

Keep irreplaceable items such as family heirlooms in a safe deposit box. Abstracted from: <https://www.esurance.com/info/homeowners/how-to-create-a-home-inventory>.

If you are not a member of the NW program and would like to be, please contact **Joe Loewy**, Chair, at jloewy42@aol.com or phone at **505-231-6462**.

~Joe Loewy, Neighborhood Watch



Volunteer Opportunities in the Community Preserve

The ECIA Conservation Committee has scheduled two trail-building dates in October. We will be working on the new 404 trail in the southeast corner of the Preserve. This 4 ½ mile loop is a beautiful addition to the Preserve trail system, winding through Piñon-Juniper woodland, open meadows and Ponderosa Pine-covered hills and ravines.

Work to be done on Saturday, **October 13**, includes repairs to the trail tread from damage caused by the monsoons, rock-work for erosion control, and improving the tread in the "rough spots." In case of bad weather, this work will be rescheduled for **October 20**.

Work to be done on Saturday, **October 27**, will be to establish a cutoff from the new trail to trail 401, creating a shorter loop of about 2 ½ miles. Work will include shoveling, raking, building small rock structures, and some work with pick-mattocks. The effort required will be moderate and includes hiking in and out of the work sites. In case of bad weather, this work will be rescheduled for **November 3**.

Volunteers are encouraged to join the committee members on these dates. It's an excellent way to visit the new trail, and to see what goes into building and maintaining the Community Preserve trail system.

- ▶ Tools will be provided. An introduction to their usage and a safety talk will be presented at the beginning of each workday.
- ▶ Volunteers must wear long pants, long-sleeved shirts, sturdy shoes or boots, and a hat to keep the sun off. Bring gardening or work gloves if you have them. The Committee has some extra pairs of gloves for those who don't have them.
- ▶ Also, be sure to bring snacks and plenty of drinking water.

The work days will begin promptly at **8:30 am** in the parking area in front of the Community Center (1 La Hacienda Loop). Parking at the 400 series trailhead is limited so that we will carpool as much as possible.

We plan to form an "early release" group, for people who need to finish around noon, and to end each workday around **2:30 pm**.

For additional information, please contact **Tom Bredenberg**, thmsbred@aol.com. [Photo by Paul Butt]

~Conservation Committee



Recent Board Actions

The Board of Directors of the Eldorado Community Improvement Association met on Thursday, **September 27, 2018**. Members present were President **David McDonald**, Vice-President **Jody Price**, Treasurer **Joseph Gutierrez**, Secretary **Emily McCormick** had an excused absence. The following formal actions were reviewed and passed by the board:

- ▶ To approve the Arch. Committee Charter.
- ▶ To approve the Stable Committee Charter.
- ▶ To approve the Electronic Meeting Guidelines.
- ▶ To approve the Playground Upgrade Proposal.
- ▶ To approve the Heating and Air Conditioning Proposal.
- ▶ To approve the Stable Gate Upgrade Proposal.
- ▶ To approve the Backflow Valve Replacement.
- ▶ To appoint **Mary Clark** to the Conservation Committee.
- ▶ To appoint the following Board Members:
Elizabeth Maclaren until May 2019.
Bernardo Monserrat until May 2020.
Steven Rudnick until May 2021.

Two residents spoke at the open forum on a variety of topics that the board addressed briefly and referred them as appropriate for action.

The next scheduled meeting of the ECIA Board of Directors will be a working session on Thursday, **October 18**, at **4 pm**, in the Community Center Classroom. On Wednesday, **October 24**, at **7 pm**, the board will conduct its regular meeting in the Railroad Room at the Community Center.

ECIA board meetings are open to the public. Complete minutes and agendas are available at the ECIA office or on the website: www.eldoradosf.org. [Photo: Butch Gorsuch]



Ask Eldo

Ask Eldo is a monthly question and answer column where residents can send questions for publication to the ECIA. Each month questions submitted by the community will be answered by an ECIA board member or ECIA staff member and posted here. Here are this month's questions:

Q's: How long can an exposed trailer belonging to a property owner or guest stay at a house? Can the property owner move a trailer to another side of his or her property every few weeks to avoid breaking any rules? How many multiple-day periods in a year can a person bring a trailer back to his or her property? How many times can a guest trailer reappear in a year? How much of a trailer needs to be covered if it stays on a property?

A: This month's answer comes from **Mark Young**, Architectural & Covenant Compliance Coordinator:

"The ECIA follows section 13 of the Covenants and Guidelines of Eldorado. trailers cannot be stored on a lot more than 7 days without being screened. If they are being properly screened, then they can be on the lot indefinitely. If the trailer is moved to different spots on the lot, and it is being adequately screened, then that is not a problem,

but if it is being moved around and not screened then we would consider this to be a violation and the ECIA would take enforcement actions to bring the trailer into compliance.

The Covenants and Guidelines do not specify how many multiple-days in a year a person can bring a trailer onto a property, or how many times a guest trailer can reappear on a property, so these need to be handled on a case by case basis. Relative to how much a trailer needs to be covered when on a property, the Covenants only state that "Such Trailers shall be obscured by screening in a reasonable manner," which the ECIA interprets that at most of the trailer should be covered or screened.

Thanks for all your questions! We encourage Eldorado residents to continue to submit questions for consideration for future issues. All questions will be considered. Please submit questions via email to a.price@eldoradosf.org We look forward to hearing from you!

~Mark Young



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Fire and Rescue
 466-1204
eldoradofirerescue.org
County All Purpose
 820-CNTY (2689)



Eldorado Gets the Bad RAP

RAP means Reclaimed/Recycled Asphalt Pavement. It's old road that's been torn up, ground (milled), screened to specs of 1" maximum, then mixed with other ingredients before being reused. The NM-DOT (NM Department of Transportation), and DOT's of numerous states require that for paving roads, RAP be mixed with hot asphalt before being applied, and only at a maximum of 30%.

As per the **Nov. 16, 2016**, road committee's minutes, Deputy Public Works Director **Robert Martinez** was asked if RAP would be an option for Eldorado's dirt roads. He stated it required, "reconstructing the road to the subgrade," and the RAP would need to be mixed with "some new asphalt" to pave the roads. "This would cost as much as a chip seal project and funding isn't available for either."

According to the US Department of Transportation RAP may be used as a "granular base" on paved and unpaved roadways." with appropriate processing. However 100% raw RAP was used on Eldorado's county-owned roads with the apparent support of the previous road committee and ECIA board minutes.

On **May 4, 2017**, a notarized NM-DOT document stated the St. Francis Drive RAP stockpile was, "No longer economical or safe for continued use by the NM-DOT." Two weeks later RAP, from that stockpile, was used on eight Eldorado roads at 100%.

After RAP had already been applied on two roads, Mr. Martinez presented the road committee with the, "Pavement Surface Evaluation Rating System." This County and State approved rating system grades #10 as excellent, down to #1 as requiring replace-



ment. Within a few months and during the driest winter in decades, large sections of Eldorado's RAP'd roads could well have been rated as #1.

In addition to solid waste (screws, wires, tires, hard plastic) found within the RAP during a NM Environment Department investigation, the raw RAP contains Road Fabric/Surface Markings known to contain titanium dioxide, lead, arsenic and heat-yellowing lead that becomes "airborne dust" upon normal vehicular wear, and wind. When inhaled, titanium dioxide is classified by the International Agency for Research on Cancer as a Group 2B carcinogen. Due to Eldorado's RAP being porous (mainly due to lacking the required additives), a 2012 Texas A&M study states heavy metals such as lead and arsenic, "may leach into the ground under environmental conditions that roads experience."

The County has agreed to survey residents of the RAP roads with input on that survey from the ECIA. To fully assess the quality of the roads in question, this would happen after their having been through the monsoons of fall and snows of winter. In addition, possible particulate and run-off testing of RAP, paved, dirt, gravel, and base course roads in Eldorado is being investigated to provide accurate data for comparison of the toxicity of all our roads.

For more information on RAP, citations, and to verify all information in this article, go to www.BetterEldorado.com. Better Eldorado is a group of concerned residents and is not affiliated with the ECIA.

~Kim Crickard

Library News and Events

It's the return of the Haunted Library! Join in the Halloween celebration at Vista Grande Public Library on Saturday, October 27, from 4 to 7 pm. This event is free and open to everyone in the community. There will be family activities, a special story time, a costume contest, and food and treats. Check the website or call the library for more details. Volunteers and donations for this event are very welcome; please contact the library staff if you are interested in helping out.

Events: (Note: Most events take place in the Meeting Room and have free admission unless noted otherwise.) Check the website for more information: www.vglibrary.org.

Art Exhibition: October 2-30, Artist **Bill Todino**. *Faith in New Mexico*: Digital archival prints.

Story Time for toddlers and preschoolers: Tuesday mornings at 11 am in the Children's section.

Family Movie Night: Friday, October 12, at 7 pm. Call (505) 466-7323 for the film title and rating.

Grown-Up Movie Night: Friday, October 19, at 7 pm. Call (505) 466-7323 for the film title and rating.

Civil War Archeology: Saturday, October 20, at 1 pm. In conjunction with Pecos National Historic Site, Eric Santo will be at VGPL with a program on the Civil War site. Please contact Pecos National Historic Site for reservation information. 505-757-7241

Medicare Information Sessions: Medicare Open Enrollment begins on October 15 (and closes on December 7). A certified Medicare Benefits Counselor with the NM Dept. of Aging will hold several sessions to discuss what you can change, how to improve and what you need to avoid penalties that last a lifetime if you do not sign up for certain coverages. Please refer to the Library website for dates and times.

All Ages Chess meets: Friday afternoons, 3 pm. All ages and skill levels are welcomed.

Eldorado Genealogy Group: meets the last Wednesday of each month, 6:30 to 8 pm.

Author Talk: Thursday, November 1 at 7 pm. Local author and film historian **Jeff Berg** will talk about historic movie theaters in New Mexico and introduce his latest book *Historic Movie Theatres of New Mexico*.

Artist Exhibition for November: **Mary Gray McGee**; Reception for the artist, Friday, November 2, 5-7 pm.

Fall Book Sale: Save the date!! November 8 to 10.

~Tracey Mitchell, Vista Grande Public Library

Savor Eldorado

Welcome to Savor Eldorado, where neighbors enjoy local music, art & each other, in private homes. The events in 2018 have been pure fun so far, with excellent attendance. We are raffling \$100 Visa gift cards, local business gift certificates and much more. Would you like to be a guest or a host? Show your art? Play music? Get in touch with Hope via the new website and stay tuned! savoreldorado.org.

~Hope Kiah

Yoga and Flexibility

One of the biggest misconceptions is that one must be naturally flexible to practice yoga. Some individuals are discouraged from even attempting yoga because of an inability to touch the toes without bending the knees. Yoga is indeed an exercise that stretches you out, can improve flexibility and increase the range of motion. With the use of props such as blocks, straps, blankets, as well as working with support and resistance against a wall increased flexibility can be incrementally invited in class by class. These *tools* for practice assist in stretching, as well as creating a firm foundation for the body as greater flexibility slowly emerges. No matter which style of practice that you engage in, yoga stretches muscles in different ways than you might use in your everyday life activities. By developing a regular yoga practice of 2-3 times weekly, overall flexibility will increase, and an accompanying sense of calm will improve over time.

~Mary Garvey Horst, LCSW, RYT-200

Lace 'em up!

The Eldorado Adult basketball season is here. Lace 'em, players, and c'mon out to the Community Center basketball court for fun and friendly pick-up hoops, **Thursdays, 5:30 pm–dusk.**



October/November 2018 Events

COMMITTEE MEETINGS**

Architecture Committee	Tues., Oct. 9, 23; Nov. 13, 27;	7-9 pm	466-4248	F
Board Meeting	Wed., Oct. 24;	7-9 pm	Thurs Nov. 29	7-9 pm
Board Working Session	Thurs., Oct. 18;	4-6 pm	Mon., Nov. 26	7-9 pm
Community Open Disc.	Thurs., Oct. 11;	Nov. 8	6-7:30 pm	466-4248
Conservation Committee	Tues., Oct. 2;	Nov. 6	7-9 pm	466-4248
Election Committee	Wed., Oct. 10;	Nov. 14	2-4 pm	Bette Knight 466-4248
Environ. Ad Hoc	Tues., Oct. 2;	Nov. 6	3-5 pm	466-4248
Facilities & Grounds	Wed., Oct. 3;	Nov. 7	3-5 pm	Nolan Zisman 466-0540
Finance Committee	Tues., Oct. 16;	Nov. 20	9:30 am-noon	Sal Monaco 690-5125
Information Committee	Tues., Oct. 30;	Nov. 27	6-8 pm	466-4248
Road Committee	Wed., Oct. TBA;	Nov. TBA	3-5 pm	466-4248
Stable Committee	Tues., Oct. TBA;	Nov. TBA	7-9 pm	Amelia Adair 720-563-1018

MONTHLY / SEMI-MONTHLY MEETINGS / BIMONTHLY

Community Garden	3rd Tuesday	6-7 pm		CFR
Eldorado Water & SD	1st & 3rd Thurs.,	7-9 pm	Anna Mondragon	466-1085 EAWSD
Eldorado Arts & Crafts	Last Thurs.,	7 pm	Mary Fredenburgh	466-1035
Eldorado Book Club	3rd Wed.,	3 pm	Pam Henline	phenline@comcast.net
Eldorado/285 Recycles	2nd Tues.,	4-6 pm	Sue Daniel	(856) 220-7087
Neighbors Helping Neighbors	1st Tues.,	6-7 pm	Michael Landen	466-8896
Roadrunner RV	3rd Tues.		Brad Cottingham	466-4655
Search & Rescue	2nd Thurs.,	7-9 pm	santafesar.org	VGPL

WEEKLY MEETINGS

Adult Basketball	Thurs.,	5:30 pm-dusk		BB Court
AI Anon	Sat.,	11am-noon		CFR
Boy Scout Troop 414	Wed.,	7-9 pm	Karl Cordova	karl_cordova747@msn.com
Bridge	1st & 3rd Fri.,	1-4:30 pm	Shirley Davis	982-6179
Eldorado Hikers	Tues.,	8:30 am	Terry Gibbs	466-6914
Fire & Rescue Training	Tues.,	7-9 pm	Fire Station Office	466-1204
Fire & Rescue Duty Sections	Sat.,	8-noon	Fire Station Office	466-1204
Interval Training	Mon., Wed., Fri.,	8:30 am	Susan Kayar	204-8290
Knitting Club	Tues.,	10-noon	Joyce Hanmer	466-3018
Life Drawing	Alt. Mon.,	10-noon	Mavis Murphy	466-8189
Overeaters Anon	Mon.,	7-8 pm	Barb	954-1533
Senior Lunch***	Mon.–Fri.,	11:30-12:30 pm		466-1039
Spinning Group (Fiber)	1st & 3rd Thurs.,	9:30-11:30 am	Ellen Higgins	970-201-4776
Square Dancing	Fri.,	6:30-9 pm	Connie Walters	466-4226
Strength Training	Wed.,	1 pm	Neela Richardson	466-3545
Yin Yoga	Mon.,	5:30-6:45 pm	Julia Cairns	466-1935
Yoga/Vinyasa Flow	Tue. & Fri.,	9-10:15 am	Julia Cairns	466-1935
Yoga/Gentle Stretch	Wed. & Thurs.,	9-10:15 am	Mary Horst	490-2790
Yoga for Healing	Mon. & Fri.,	9:30-10:45 am	Maureen O'Brien	216-0807
Zumba	Tues. & Thurs.,	9-10 am	Tana Monaco	690-4332
AA Mon.,	6:30-8:10 pm	CFR	Tues., 5:45-6:45 pm	LR
AA Thurs.,	6-7 pm (Women Only)	CFR	Fri., 6-7 pm	RR
			Sun., 5:15-6:15 pm	La Tienda

** Check the ECIA website for the updated dates/times *** Abbreviations: CC=Community Center, CR=Classroom,

CFR=Conference Room, F=Foyer, LR=Living Room, RR=Railroad Room

VISIT OUR WEBSITE: www.eldoradosf.org

Eldorado Classes & Lectures Presents: Kabbalistic Meditation #1: Review of the procedure for completion of a Kabbalistic meditation, layout and completion of the meditation utilizing the Tree of Life, followed by an opportunity to share impressions and observations. The event will take place **Oct. 23, 7 - 9 pm** at the ECIA Community Center Classroom.

Halloween Event at the Agora: For almost 20 years The Agora has hosted this event each year. The event is the annual Halloween Trick or Treat and Costume Contest. Held in The Agora Courtyard on Wednesday **October 31** from **3:30 to 5:30 pm**. All of the businesses will have candy for the trick or treaters. There will be a DJ playing great music. The costume contest is a big hit, with judges awarding fabulous prizes to winners in categories from infants to adults and also pets.



Safety of 285 South

285ALL is a group of residents concerned about water security, responsible development and issues that affect communities along 285 South. After last year's fatal accident at 285 and Vista Grande, 285ALL began to study ways of making our stretch of 285 South safer. They have talked to state legislators and will also work with relevant State and County departments. They quickly learned that a Safety Corridor Designation could take from 3-5 years to implement. Much is easier to accomplish working within the community and with the County that could have a significant positive impact on safety.

Examples include:

- ▶ Gateway treatment (planted medians, signage, etc.) that signals a transition from a high-speed highway to a residential area; adjustment of speed limits.



- ▶ Adjusting the timing of traffic lights.
- ▶ A redesign of the entrance onto 285 South from Vista Grande for greater visibility.

Community involvement will be critical to a successful outcome. It is essential to raise awareness among area residents by working with Eldorado, communities along the corridor as well as Lamy and Galisteo.

We are facing ever increasing heavy truck traffic that may, in the not too distant future, include significant amounts of nuclear waste.

285ALL is asking for help. If you would like to be involved or have other ideas, please contact kathryntoll@gmail.com.

~Katherine Toll

17th Annual EACA Fall Show

This year's 17th annual EACA Fall Show will feature approx. 40 local artists in one convenient location. Held on **October 19 from 3 to 7 pm** and **October 20 from 9 am to 5 pm** at St. John's Methodist Church located at 1200 Old Pecos Trail (at Cordova). The show includes jewelry, woodworking, and pottery to fiber art, photography, painting, and even gourd art!

The following is a sample of artists who will participate for the first time:

Donna Boggins, a "gourdist," stains, beads, and burns gourds to create her historical interpretation honoring these anciently sacred vessels. Attempting to capture the spirit and mysticism of Medicine and Holy Men and Women in her work, she is inspired daily by the mountain views in her Eldorado studio.

Chris Cashiola paints landscapes and simple scenes in oil. Painting in a post-impressionist style, Chris finds color most important and feels it provides the form and line to a painting. Being close to nature here, he loves to paint outdoors usually finishing indoors given the quickly changing light.

John Cobb turns, carves, and burns wood into perfume pens, jewelry boxes, and platters. His favorite part is the design work and living in Eldorado has put him close to the Tewa Pueblo people allowing him to study their pottery and form friendships influencing his art.

Carol Harrach's glass art includes custom stained-glass windows and lampworked beads. She describes her process is like a "mad scientist" working on an invention causing her to do whatever pops into her head involving fusing, glass casting, sandblasting and mosaics. She finds that because Eldorado has so many artists, encourages her to be even more creative.

Monika Heikkero creates functional pottery with a twist of playfulness by adding lizards and snakes she models by hand. Fascinated by snakes and lizards that surround here in Eldorado, Monika now finds they also inspire unique stories on her art that she throws on a wheel and finishes with a food-safe glaze.





Phobias and Photo Contest

Phobias – intense fear about something, often considered an anxiety disorder – abound. Nancy won't ride in an airplane without sedatives. Steve refuses to go on a boat because he is afraid of water. Tom is terrified of heights. Carmen is petrified about driving on an interstate highway.

People with phobias – approximately 10% of the U.S. population – seek to avoid what they fear. Phobic reactions can trigger panic, fear, accelerated heartbeat, difficulty breathing, shaking and trembling, and a profound desire to escape the circumstances. Relief can be found with medication and therapy. It's important to keep in mind that merely understanding, learning about, and becoming familiar with the focus of the anxiety can reduce and possibly eliminate the phobia!

In honor of this month's Halloween celebrations, we thought it might be interesting to address common phobias many people have about our fellow creatures right here in Eldorado.

Things that go crawling, in the day and night, often trigger phobias. Entomophobia (fear of insects), ophidiophobia (snakes), arachnophobia (spider), and musophobia (mice). There are reasonable fears associated with these indigenous members our community. Insects, snakes, spiders, and mice can bite. Some bites are without consequence; others can have concerning implications. Mice and other rodents have been associated with plague, hantavirus, and tularemia. Often the visual appearance of these residents can be frightening: And that fear is routinely exploited by the media, entertainment industries, "pest control" services, and one specific holiday celebration—Halloween; which leads to another phobia: chiroptophobia —fear of bats... Phobias abound and are gender neutral.

THE NATION'S TOP TEN PHOBIAS

- 1 Arachnophobia – spiders
- 2 Social phobia – social or public situations
- 3 Aerophobia – flying
- 4 Agoraphobia – open or public spaces
- 5 Claustrophobia – enclosed spaces
- 6 Emetophobia – vomiting
- 7 Acrophobia (vertigo) – heights
- 8 Cancerphobia – developing cancer
- 9 Brontophobia – thunderstorms
- 10 Necrophobia – death (your own and others')



Marketers can encourage phobias to sell goods and services such as numerous devices, drugs, therapy, and extermination services. Our best personal defense and protection of the natural world is education and understanding. This will allow us to coexist with caution but without needless anxiety and fear. Remember that insects prey on other insects and provide food for songbirds as well as other vital local creatures, snakes are terrific predators in controlling rodents and insects, spiders likewise happily eat bugs that bother us, and bats can be a real boon to us in environmental control.

A call to all photographers: New Mexico and numerous other states routinely permit coyote "killing contests." There is no scientific support or justification for this "entertainment" activity that involves prizes and awards for killing an indigenous species that currently has NO legal protections. Project Coyote (a 501c3 organization) is sponsoring a New Mexico specific Coyote Photography Contest to shift the focus from killing to artistically documenting one of nature's critical components and perhaps the finest example of adaption and survival. (Details at www.projectcoyote.org).

Why not take your amazing photos of these important keystone species and win an award!?

~Julia Kinney, Bonnie Mahlum, Joseph Newman, Ann Wood, Cliff Wood

Simple Recycling Tips

Rags: Clothing that is no longer usable, torn bed sheets, worn socks, can all be taken to Goodwill. This organization has a rags program.

Meds: This includes prescription and over the counter stuff. Christus St. Vincent pharmacy and Walgreens on Cerrillos Road will take these off your hands. The Santa Fe Fire and Police Departments at their main stations also have secure bins for these items. Do not take over-the-counter meds or cosmetics to the ReUse area of the transfer station.

VHS tapes: These are tangles and not recyclable. These should go in the trash.

Batteries: Alkaline batteries are fine to toss in the trash, but rechargeable and Lithium-Ion batteries can be recycled at the ReUse Area and BuRRT. Do not place in the garbage. Button or coin batteries contain toxins and need to be recycled instead of thrown into the trash.



Smoke detectors: These typically fall within two categories: Photoelectric and ionization. When it comes to disposal, old photoelectric detectors can be safely put in the trash, so long as you remove the battery first. Ionization detectors contain a small amount of Americium 241, a radioactive isotope. When in use, these detectors are perfectly safe, as a metal chamber inside the device shields the radioactive material. If dismantled, however, the radioactive material can become exposed.

For this reason, you should never try to take apart an old ionization detector. To determine whether or not your detector is an ionization type, look on the back; it should either have the letter "I" or say ionization. These can also be put in the landfill.

Mercury thermometers: These should not be put in your household trash. Johnstone Supply on Siler Road in Santa Fe collects them.

~Eldorado 285 Recycles

VISTAS

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www.eldoradosf.org

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Civil Conduct Policy Open Forum: An open forum will be held on **October 20, 10 am-noon** in the Railroad Room at the Community Center to provide an opportunity for ECIA members to comment on the proposed Draft Civil Conduct Policy. Links to the full text of the Resolution and the supporting documents can be found on the ECIA website homepage at **eldoradosf.org**. If you are unable to attend, please forward comments to the board president, **David McDonald** at **d.mcdonald@eldoradosf.org**.

Hike/Bike Trail Repairs

Repairs to the Hike/Bike Trails will be starting on **October 1, and 2**, with the sealing of the Monte Alto Trail - no pesticide treatment will be applied. Large crack repair is scheduled to begin on other trails on **October 8**, with rock salt being used for weed abatement.

There will be limited pesticide usage in treating the small cracks along Avenida Casa Del Oro south of Balsa Rd to Ave Eldorado with close spraying only in the cracks, which will immediately be sealed. The community will be notified, and the area will be cordoned off per the Environmental Advisory Ad-Hoc Committee's Interim Procedure for Pesticide Application.

Small cracks in the remainder of the repair work on Ave Torreon, Ave de Compadres, and Ave Casa Del Oro north of Balsa Rd to Ave Vista Grande will either be treated with a corn gluten-based product or left untreated. This will allow for a comparison of the effectiveness of the different treatments to inform future decisions on weed abatement.

Watch for Email News Briefs, website announcements, and other notifications as the full schedule is firmed up. For information on the use of pesticides on the trail repairs, please go to the ECIA website homepage at **eldoradosf.org** and follow the link to the Hike-Bike Trail Repair announcement.

~David McDonald, ECIA Board President

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